



SPA & THALASSO  
THE CASCADES HOTEL



## BODY & SOUL RETREAT

### SHIRODHARA 80 MIN

This unique treatment from India starts with warm herbal oil rhythmically dripped onto the forehead for mental relaxation and clarity. A warm herbal oil body massage follows, aiding in detoxification and nourishment.

### THALASSO-TONIC 60 MIN

Our 750 m<sup>2</sup> Thalasso-tonic hydrotherapy pool containing 830 m<sup>3</sup> of seawater is sub-divided into several distinct zones of water jets, currents and counter currents, showers, and bubble baths, each designed to provide comfort and regenerate and tone a specific part of your body.

**THE OFFER IS VALID FROM OCTOBER 30TH TILL JANUARY 2ND 2023.**

The above offer is subject to hotel availability

**1700 LE**

FOR MORE INFORMATION AND RESERVATIONS KINDLY CONTACT US:

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